

Friday

Partly cloudy  
Lo: 70°F  
Hi: 92°F

Saturday

Chance of thunderstorms  
Lo: 75°F  
Hi: 95°F

Sunday

Chance of rain  
Lo: 68°F  
Hi: 89°F

Clowns invade Sheppard

See Page 7



Captain tries to walk his way into Olympics

See Page 1B



# Sheppard Senator



Combat Capability Starts Here

Vol. 57, No. 25      www.sheppardsenator.com      June 25, 2004

## Tech-school Airman earns congressional award

By Carolyn Knothe  
Base public communications

It's been a journey that has taken a young man through 800 hours of physical fitness, self-improvement and community service, on an expedition to Alaska, and has seen him receive his Eagle Scout ranking. This week, it finally paid off when Airman 1st Class John Hoff was awarded the Congressional Award Wednesday in Washington, D.C., for his achievements.

Airman Hoff, a lanky 6-foot-5 Illinois native who is attending tech school here at Sheppard, will receive the Congressional Award Gold Medal in a ceremony in Washington this week. The 19-year-old has been working for 5 years on his goal.

"I didn't think I'd get it," he said modestly. "It's a nice accumulation of everything I've been working towards-like icing on the cake."

The Congressional Award has six divisions, each one having different requirements. Airman Hoff has earned the highest level of recognition, the Gold Medal, which only about 150 people nationwide earn each year. It requires 400 hours of community service, 200 hours of physical fitness

training, 200 hours of self-improvement, and a 10-day expedition. No easy feat, but Airman Hoff was up to the challenge.

"My community service included two mission trips where we rebuilt houses for those in need, my Eagle Scout project in which I organized a toiletry drive for the homeless, and two other 1-week trips to Asheville, NC and Paducah, KY," he said.

He was a 2-letter varsity athlete in volleyball in high school, which fulfilled his physical fitness requirements, and went on a 10 day trip through the Brooks Range in Alaska to satisfy the expedition requirement.

"I didn't get eaten by any grizzly bears," he said, laughing. "But I saw a few of them."

To fulfill the self-improvement criteria of the award, Airman Hoff earned his private pilot's license at 17, which is the youngest age possible to do so, and has more than 330 hours in the air. He also took guitar lessons.

Airman Hoff credits his father with helping him earn the Congressional Award.

"My dad was behind me the whole time," he said. "He was helping me in the final push to get everything together. He always says he's my number one fan."

His father, retired Air Force Colonel John S. Hoff, is understandably proud of his son.

"He really earned it," he said. "It's a capstone for JB's high school career. The program is very constructive and rewards kids for doing positive things. It's a proud day for our family."

Airman Hoff has accomplished more things in his nineteen years than few people accomplish in their entire life. He was admitted into the Order of the Arrow, a brotherhood for Boy Scouts, earned the National Heroism Award for an attempted drowning victim rescue, was a People to People Student Ambassador in Australia, graduated a scholar athlete from high school, and built a half-scale model of the Wright brothers' 1902 glider. He's a certified open-water scuba diver and sailed from Ft. Lauderdale, Fla. to Nova Scotia for 21 days in a sailing race.

Airman Hoff is majoring in Aviation at the University of Illinois and took a semester off of school to go through his Air Force training. He is going through tech school to become an F-16 crew chief, and is a member of the Illinois National Guard, 183rd Fighter Wing in Springfield, Ill.



Photo by Airman 1st Class Jacques Lickteig

Airman 1st Class John Hoff, a student at the 362nd Training Squadron, surveys the underside of an F-16 aircraft. He flew to Washington, D.C., Tuesday to receive a Congressional Award Gold Medal in a ceremony Wednesday.

### On the Inside

#### Afghan, Iraq leaders want coalition to stay

The presidents of Afghanistan and Iraq both called for coalition forces to stay in their countries during separate interviews on NBC's "Meet the Press" today.

Afghan President Hamid Kharzai and Iraqi President Ghazi al-Yawar both said the short-term stability of their countries depends on the U.S.-led coalition staying in their respective lands.

**For full story, see page 2.**

#### Team Sheppard members celebrate Juneteenth

In Galveston, Texas on June 19, 1865 Union General Gordon Granger issued General Order Number Three freeing more than 250,000 slaves in Texas and giving all African Americans equal rights.

Today, that day is recognized as Juneteenth and members of Sheppard's African American Heritage Committee had a celebration Saturday at the hospital pavilion. Juneteenth commemorates African American freedom and emphasizes education and achievement.

**For full story, see page 3.**

#### Gen. Rooney's change of command ceremony

Brig. Gen. Arthur Rooney Jr., 82nd Training Wing commander, will relinquish command to Brig. Gen. James Whitmore during a change of command ceremony Thursday at the parade ground at 7:30 a.m.

**For a map to the ceremony, see page 7.**



Photo by Airman 1st Class Jacques Lickteig

Capt. Wes Kulpa, from McDill Air Force Base, Fla., Airman Paul Cummings, from Fort Hamilton, N.Y., and other Airmen participating in Sheppard's Patriot Exercise unload a mannequin patient from the back of a medical bus Wednesday. The exercise began June 12 and lasted about two weeks.

## Patriot Exercise hits Sheppard

By Airman 1st Class Jacques Lickteig  
Staff writer

About 175 Airmen gathered at the Sheppard Medical Readiness Site June 12 to practice saving lives in a hostile environment during the two-week Patriot South medical exercise.

The Patriot Exercise also took place at Fort Drum, N.Y., and Dugway Proving Grounds, Nev., and each site worked together as a Joint Task Force, coordinating their efforts and keeping open lines of communication.

Sheppard participants simulated

power failures, sniper attacks, gas attacks and other war-related incidents while trying to treat "wounded" personnel.

"We simulated scenarios that have actually happened in the field," Col. Debora Esque, Air Force Reserve Command exercise planner, said.

Wednesday, the medics gained experience in evacuation, triage and treatment of injured personnel from a mass casualty event.

Airmen carried litters of patients, played by mannequins, from a C-130 aircraft to a medical transport bus that took them to the medical facilities. There the Airmen treated the

patients.

"This is a great learning experience for all involved," Capt. Jamey Durham, a member of the Aeromedical Stage Management Team. "This offers a great format for cross training, which is crucial to the military's mission."

Patriot South was Senior Airman Jerad Tim's first major exercise.

The Reservist from Minnesota, acted as one of the patients.

"I'm a med tech, and playing a patient really helps me see what the other side is," he said. "I feel I have a better understanding of my job after coming out here."

## Sheppard prepares for Freedom Fest

By First Lt. Laura Renner  
Base public communication

The biggest fireworks display in North Texas is back July 4. Sheppard will host the 2004 Freedom Fest celebrations over the holiday weekend.

The festivities begin July 3 with a golf tournament in the morning at Wind Creek Golf Course. Later, Sheppard's newly formed rugby team will take on Midwestern State University.

Be sure to get up bright and early July 4 to catch all the action. Team Sheppard members can participate in a 5- or 10-K run at 8 a.m. A one-pitch softball and a mud volleyball tournament each begin at 9 a.m. Participants in the car show will begin registering at 11 a.m.

The real fun begins at 2 p.m. when the fest is scheduled to open to the public free of charge. Visitors should enter the base through the Hospital Gate off of Burk Burnett Road. No backpacks, coolers or animals will be allowed into the fairgrounds.

Mr. Services is bringing many competitions into the Fest this year, including a rib cook-off, a colossal cookie contest, and a hot wings eating contest. Sheppard will also try to break the world's record for the largest lemonade that Sunday.

Back at the festival grounds, the young ones can play at the Jupiter Jump, dunking booth, climbing wall and speed pitch, get their face painted, sing karaoke, send someone to jail and visit with the clowns.

In the early afternoon, patrons will be able to view the cars at the show. Car show participants will have some stiff competition, as the Air Force NASCAR will be struttin' its stuff during that time as well.

The fun-filled weekend will culminate with a fireworks show at 10 p.m. to celebrate the 228th birthday of the United States of America.

## Sheppard officials release tech, master promotion list

#### Compiled by the public affairs office

The following Team Sheppard members have been selected to be promoted to the rank of technical sergeant and master sergeant.

#### Technical sergeant

**344 Rec Sq**  
Lisa D. Coker  
Albert Jr. Freeman  
Kristofer L. Lopez  
Jody A. Miller  
Derek L. Malone  
Michael A. Lee  
Alfred A. Plate Jr.  
Steven S. Bright  
Edward R. Smith

**360 TRS**  
Clint W. Borel

David W. Boswell  
Donald S. Bozeman  
Stephen M. Brandon  
Calvin B. Frost  
J. B. Garvin III  
Jon A. Hayden  
Shane R. Hiett  
Gary D. Keese  
Michael D. Kohn  
Kevin E. N. Norman  
Brandon A. Offutt  
Mark F. Palmer  
Duane E. Shaffer Jr.  
Richard L. Buss Jr.  
Joseph S. Herrera  
Jamison To Mullins

**361 TRG Sq**  
Donna A. Alvey  
Michael J. Anderson  
Larry T. Beach  
Derrick D. Bennett  
Robert W. Bercume  
John W. Bowden Jr.  
Ira H. Connell III  
William A. Davidson

Robert B. Etters  
William J. J. Gamble  
Juan Z. Garay III  
Israel F. Garcia Jr.  
James M. Gerber  
Larry D. Gerberg  
Aaron J. Grossman  
Samuel Harmon  
Bryan D. Hinton  
Chad E. Jarvis  
Cynthia E. Knox  
Erick P. Labat  
Timothy G. Logan  
Duane A. Page  
Vincent L. Rightman  
Erin T. Rigmaiden  
David A. Rose  
John E. Schmuker  
Richard B. Shimer  
John P. Starlin  
David G. Twillie Jr.  
Heath D. Waikel  
Christopher Herman  
William J. Ingram  
Joseph L. Powell  
Tracy D. Taylor

Haylee L. James  
Paola Larocca  
Nick Ledesma  
Milton V. Slade Jr.

**362 TRG Sq**  
William C. Anderson  
Ryan M. Bienvenu  
Keith A. Branscome  
Stephen A. Dorko  
Lourn B. Evans Jr.  
Marquell D. Fallin  
Douglas Franolich  
Jon V. George  
Joseph P. Goines III  
Kenneth M. Hatcher  
Brandon D. Hooten  
Sheri L. Kangas  
Nathan L. Kerr  
Brad A. Lepelley  
Michael A. Meinhold  
Jonathan R. Mobley  
David M. Patterson  
Anthony D. Randall  
Shau C. Russell  
Michael J. Sextro

David J. Slavens  
Clifton W. Solylo  
Kenneth R. Tingley  
James R. Wagner  
James S. Wheeler  
Andrew J. White  
Kevin C. Wilske  
Robert J. Wood

**363 TRG Sq**  
Jos Agostogonzalez  
Adam P. Barfield  
Michael J. Bonham  
Martin S. Brown  
Ronald A. Chapman  
Jesse T. Chavez  
Charlene M. Clark  
Allan W. Gilbreath  
Donovan L. Hood  
Andrew A. Hood  
Michael W. Israel  
Joseph M. Jackson  
Brandon J. Kooyers  
Erich J. Lofton  
Charles M. Nickens  
Robert C. Rogers

Jason T. Skobel  
Bryan R. Sullins  
Darren J. Walters  
Michael L. Woods

**364 TRG Sq**  
Jeffrey D. Arnold  
Matthew Beauregard  
Matthew A. Cagle  
Glen A. Coppin  
Michael J. Daniels  
Matthew B. Davison  
Mark A. Free  
Timy J. Galavez  
Louis J. Gosseck Jr.  
Paul H. Gussenhofen  
John L. Jacob  
David R. Kalal  
Kenny M. Kendrick  
Damon H. Leisure  
James L. Lohr  
Sean B. Lorenz  
John W. Mcgee  
Ryan L. Metcalf

Jarrod M. Morris  
Jonathan M. Mundt  
Thomas M. Ruffing  
John M. Simien Jr.  
Danwel K. Varner  
Brent A. Ziegler

**365 TRG Sq**  
Cedric L. Atkinson  
Kirk G. Benda  
Aaron M. Doughty  
Michael K. Dynda  
Kevin K. Forde  
Eric W. Foster  
Joshua G. Haack  
Normond L. Hale  
Aric R. Jack  
Jason R. Kerrigan  
Jonathan L. Koonce  
Scott D. Leech  
Torrey L. Malousek  
James E. Meatty  
Chad A. Peerboom  
Christian J. Price

See PROMOTIONS, Page 4

### Index

Action Lines.....	8A
Activities .....	8A
Editorial .....	7A
Features.....	6A
News.....	2-4A
Sports.....	1-4B

CES releases base water quality report for 2003

Editor's note: The Sheppard Senator is required to publish a Consumer Confidence Report annually about the water quality on base. The following article was submitted by the 82nd Civil Engineer Squadron Bioenvironmental Flight.

Special Notice for the ELDERLY, INFANTS, CANCER PATIENTS, people with HIV/AIDS or other immune problems:

Some people may be more vulnerable to contaminants in drinking water than the general population. Immunocompromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/Centers for Disease Control and Prevention (CDC) guidelines on appropriate measures to lessen the risk of infection by Cryptosporidium and other microbial contaminants are available from the Safe Drinking Water Hotline at 800-426-4791.

Our drinking water meets or exceeds all federal drinking water

requirements.

This report is a summary of the quality of the water we provide to our customers. The analysis was made by using the data from the most recent US Environmental Protection Agency (EPA) required tests and is presented in the attached pages. We hope this information helps you become more knowledgeable about what's in your drinking water.

Where do we get our drinking water?

Sheppard AFB purchases its water from the City of Wichita Falls. The City of Wichita Falls purifies water from Lake Arrowhead and Lake Kickapoo. Surface water is used exclusively to provide our water. The Texas Natural Resources Conservation Commission (TNRCC) reviews all of the Texas drinking water sources. It is important to protect your drinking water by protecting your water source.

Because we purchase our water from the City of Wichita Falls, the City of Wichita Falls is responsible for most of the water quality monitoring. At Sheppard AFB, we monitor using EPA-approved methods for lead, copper, and fecal coliform. Lead and copper are evaluated once every 3 years and coliform is monitored weekly.

ALL drinking water may contain contaminants.

When drinking water meets federal standards, there may not be any health-based benefits to purchasing bottled water or point-of-use devices. Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the EPA's Safe Drinking Water Hotline (800-426-4791)

About the following pages:

The pages that follow list all of the federally regulated or monitored constituents that have been found in your drinking water. USEPA requires water systems to test up to 97 constituents.

Secondary Constituents:

Many constituents (such as calcium, sodium, or iron) that are often found in drinking water can cause taste, color or odor problems. The taste and odor constituents are called secondary constituents and are regulated by the State of Texas, not USEPA. These constituents are not causes for health concerns. Therefore,

reporting secondaries in this document is not required, but they may greatly affect the appearance and taste of your water.

Public Involvement:

This Consumer Confidence Report was prepared by Staff Sgt. Adina Crawford of the Bioenvironmental Engineering Flight (82 AMDS/SGPB). We welcome the public to join us for an open forum meeting regarding your drinking water at 2 p.m. on July 16 at Bldg. 1402 in the main conference room. We encourage anyone to attend who has questions and/or comments about the water quality at Sheppard AFB. For those who cannot attend this meeting and may have additional questions regarding this report or the water quality at Sheppard AFB, please contact Bioenvironmental Engineering at 940-676-3080 or Mr. Bill Marks from Civil Engineering at 940-676-5720.

Definitions of key terms and acronyms:

To gain a better understanding of the content of this report, several key terms and acronyms must be defined. They are as follows:

Maximum Contaminant Level (MCL): The highest permissible level of a contaminant in drinking water.

MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

Maximum Contaminant Level Goal (MCLG): The level of a contaminant in drinking water below that there is no known or expected health risk. MCLGs allow for a margin of safety.

Action Level (AL): The concentration of a contaminant, which, if exceeded, triggers treatment or other requirements that a water system must follow.

ppm: parts per million or milligrams per liter; a unit of measure equivalent to a single penny in \$1,000,000

ppb: parts per billion or micrograms per liter; a unit of measure equivalent to a single penny in \$1,000,000,000

pCi/L: picocuries per liter; a measure of radiation in water

CCR: Consumer Confidence Report

SDWA: Safe Drinking Water Act; Federal law which sets forth drinking water regulations

NTU: nephelometric turbidity unit; a measure of turbidity in water

TTHM: total trihalomethanes; by-products of drinking water disinfection.

Contaminant (Units)	Highest Level at any Sampling Point	MCL	MCLG	Range of Detections	Year Sampled	Likely Source of Contaminant
Inorganic Contaminants						
Arsenic (ppb)	2.1 ppb	50	0	0.0 – 2.3	2002	Erosion of natural deposits; runoff from orchards; runoff from glass and electronics productions waste.
Nitrate (ppm)	0.06 ppm	10	10	0.03 – 0.06	2003	Runoff from fertilizer use; leaching from septic tanks, sewage; erosion of natural deposits.
Fluoride (ppm)	0.9 ppm	4	4	0.9 – 0.9	2002	Erosion of natural deposits; water additive which promotes strong teeth; discharge from fertilizer and aluminum factories.
Barium (ppm)	0.02 ppm	2	2	0.018 – 0.020	2002	Discharge of drilling wastes; discharge from metal refineries; erosion of natural deposits.
Selenium (ppb)	3.7 ppb	50	50	3.1 – 3.7	2002	Discharge from petroleum and metal refineries; erosion of natural deposits; discharge from mines.
Gross Beta Emitters (pCi/L)	11.0 pCi/L	50	0	10.7 – 11.0	2002	Decay of natural and man-made deposits

Contaminant (Units)	Highest Level at any Sampling Point	MCL	MCLG	Range of Detections	Year Sampled	Likely Source of Contaminant
Organic Contaminants						
THM (ppb)	18.1	SE	0	18.2-18.1	2003	Byproduct of drinking water disinfection.
Unregulated Contaminants						
Chloro	0	N/A	N/A	0 – 1	2003	Unregulated contaminants monitored by the EPA to determine if they are present in our water and whether it needs to regulate these contaminants
Chloroform (ppb)	12.8	N/A	N/A	<0.1 – 12.9	2003	
Bromoform (ppb)	15.8	N/A	N/A	<0.3 – 13.0	2003	
Dichlorobenzene (ppb)	8.9	N/A	N/A	0.2 – 8.9	2003	
Trichlorobenzene (ppb)	11.8	N/A	N/A	0.5 – 11.0	2003	
Cryptosporidium	8 oocysts	N/A	N/A	0 – 8	2003	

Turbidity has no health effects. However, turbidity can interfere with disinfection and provide a medium for microbial growth. Turbidity may indicate the presence of disease-causing organisms. These organisms include bacteria, viruses, and parasites that can cause symptoms such as nausea, cramps, diarrhea, and associated headaches.						
Contaminant (Units)	Highest Single Measurement	Lowest Monthly First Sampled Meeting Limit	Range of Detections	Year Sampled	Likely Source of Contaminant	
Turbidity (NTU)	0.27	1.00	0.03 – 0.27	2003	Local runoff	

LEAD

Infants and young children are typically more vulnerable to lead in

drinking water than the general population.

It is possible that the lead levels in your home may be higher than at

other homes in the community as a result of materials used in your home's plumbing.

If you are concerned about elevated

lead levels in your home's drinking water, you may wish to have your water tested and flush your kitchen tap for 30 seconds to 2 minutes

before using the tap water.

Call the Safe Drinking Water Hotline at 800-426-4791 for more information.

COLIFORMS																													
What are coliforms?																													
Total coliform bacteria are used as indicators of microbial contamination of drinking water because testing for them is easy. While not disease-causing organisms themselves, they are often found in association with other microbes that are capable of causing disease. Coliform bacteria are more																													
hardy than many disease-causing organisms; therefore, their absence from water is a good indication that the water is microbiologically safe for human consumption.																													
Fecal coliform bacteria and, in particular, E. coli, are members of the coliform bacteria group originating in the intestinal tract of warm-blooded animals and are passed into the environment through feces. The presence of fecal coliform bacteria (E. coli) in drinking water may indicate recent contamination of the drinking water with fecal material. The following table indicates whether total coliform or fecal coliform bacteria were found in the monthly drinking water samples submitted for testing by your water supplier last year.																													
<table><tr><th colspan="6">Coliforms</th></tr><tr><th>Contaminant (Units)</th><th>Highest Monthly Number of Positive Sample Results</th><th>MCL</th><th>Year Sampled</th><th colspan="2">Source of Contaminant</th></tr><tr><td>Total Coliform Bacteria (per 100 mL)</td><td>1</td><td>+</td><td>2003</td><td colspan="2">Naturally present in the water source.</td></tr><tr><td>Fecal Coliform Bacteria (per 100 mL)</td><td>None detected</td><td>0</td><td>2003</td><td colspan="2">Fecal material</td></tr></table>						Coliforms						Contaminant (Units)	Highest Monthly Number of Positive Sample Results	MCL	Year Sampled	Source of Contaminant		Total Coliform Bacteria (per 100 mL)	1	+	2003	Naturally present in the water source.		Fecal Coliform Bacteria (per 100 mL)	None detected	0	2003	Fecal material	
Coliforms																													
Contaminant (Units)	Highest Monthly Number of Positive Sample Results	MCL	Year Sampled	Source of Contaminant																									
Total Coliform Bacteria (per 100 mL)	1	+	2003	Naturally present in the water source.																									
Fecal Coliform Bacteria (per 100 mL)	None detected	0	2003	Fecal material																									

\* Two or more coliform found samples in any single month

Contaminant (Units)	The 95th Percentile at Reporting Station	Action Level	Number of Times Exceeding Action Level	Year Sampled	Likely Source of Contaminant
Copper (ppm)	1.1	1.3	0	2003	Corrosion of building/plumbing systems; erosion of natural deposits; leaching from metal pipes/materials
Lead (ppb)	1.3	1.5	0	2003	Corrosion of household plumbing systems; erosion of natural deposits



## Briefly Speaking

### Separations office changes hours

The military personnel flight separations office hours are now 9 a.m. to 5 p.m. Monday through Friday to better serve its customers.

For more information, call 1st Lt. Michael Adkins at 6-2718.

### CGOC to host fundraiser

If you eat at the Pizza Hut by the main gate Monday, simply tell them you're eating for the company grade officer's council.

That's all you have to do to help the CGOC raise money to support activities such as Enlisted Appreciation Day and Give a Child a Christmas.

Customers ordering carry-out can participate in this fundraiser, as well.

Thanks for supporting your Sheppard CGOC.

### Shuttle bus changes

The Sheppard shuttle bus system will run only one route beginning July 2.

The red route shuttle will run its normal schedule. The blue route is being cancelled.

Taxi service is available for individuals who are affected by the cancellation.

Please contact vehicle operations at 6-6813 for additional information.

### PRT changes

Every Monday, Wednesday and Thursday from 9 a.m. to 9:20 a.m., 10:10 a.m. to 10:40 a.m., 5 p.m. to 5:20 p.m. and 6:10 p.m. to 6:40 p.m., 5th Ave will be closed to traffic from Ave F to Ave K to march Airmen to and from the track.

During these times, no vehicles will be able to exit the post office.

The 1-mile track will be closed to the rest of the base personnel during physical readiness training.

We apologize for any inconvenience this may cause, but know this will cause less traffic congestion than the current PRT route.

If you have questions concerning the PRT program, feel free to call 6-6102 or 6-5412.

### ACSC seminar

Recruitment for the August on-base Air Command and Staff College 11-month seminar is now underway until Aug. 2.

Interested personnel can enroll in this seminar now until the week of Aug. 2. Enrollments should be at the education services center prior to Thursday.

Visit the education services center in Bldg. 402, Room 306, to complete application and enroll.

# Sheppard celebrates Juneteenth

*Cookout brings people of all races to remember when slaves were freed in Texas*

By Senior Airman Chris Powell  
Senator sports editor

In Galveston, Texas on June 19, 1865 Union General Gordon Granger issued General Order Number Three freeing more than 250,000 slaves in Texas and giving all African Americans equal rights.

Today, that day is recognized as Juneteenth and members of Sheppard's African American Heritage Committee had a celebration Saturday at the hospital pavilion. Juneteenth commemorates African American freedom and emphasizes education and achievement.

Some of the events that took place were volleyball games, a live band, a free barbecue and a traditional African American dance.

"As an American, Juneteenth marks a beginning for a new era for Afro Americans that began in a homestead of Texas," said Pearlene Car, a Juneteenth celebration attendant. "Juneteenth isn't just a celebration for Afro-Americans, but a celebration from all."

Col. Mark Atkinson, 82nd Training wing vice commander, gave a speech during the festivities.

"Today, we are here because of those great men ... the great men who saw it right to write and issue the Emancipation Proclamation, and those men who wrote and voted into law the 13th Amendment to our Constitution," Col. Atkinson said.

"No other nation on Earth, not in Europe, not in Asia, not in Africa, not in any continent enjoys the benefits we, as Americans share today," he said. "We are truly blessed as Americans, never forgetting our history, our legacy, our trials and learning from them all. We are always pressing forward, striving to do more for each other and our nation in the years ahead."

Some people don't know that although most slaves were freed after the Emancipation Proclamation was issued by President Abraham Lincoln Jan. 1, 1863, it



Photo by Sandy Wassenmiller

**Members of the Sheppard Air Force Base Praise Dancers dance during the Juneteenth celebration Saturday at the hospital pavilion.**

wasn't until Gen. Granger issued General Order 3 that the Texas slaves were set free.

"I want to thank all the volunteers that helped plan and execute a successful event for the African American

Heritage Committee," said Maj. Rodney Harris, the project officer. "This was an important day in American and especially Texas history, and I hope everyone came away from the event knowing its significance."

# ENJJPT Class 04-06 graduates 27

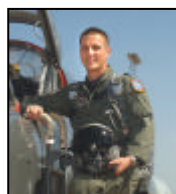
Twenty-three pilots will graduate from the 80th Flying Training Wing's Euro-NATO Joint Jet Pilot Training program during ceremonies Thursday at 7 p.m. at the base theater.

ENJJPT trains undergraduate pilots for nine NATO countries, including Belgium, Denmark, Germany, Italy, the Netherlands, Norway, Spain, Turkey and the

United States. In addition to these countries, Canada, Greece, Portugal and the United Kingdom provide flight instructors for the program. As many as 250 pilots complete the 55-week program each year.

Today's graduation of ENJJPT Class 04-06 includes 16 pilots from the United States, eight from Italy and three from Germany.

The guest speaker for tonight's graduation is Brig. Gen. Robin Olds, a Triple Ace from World War II through the Vietnam War. General Olds completed pilot training in 1943. He was a wingman on the first jet aerobatic team in the Air Force. His resume of assignments include duties in England, Germany, Libya, Thailand and the United States.



2ND LT. TODD ADAMS  
UNITED STATES  
F-15E



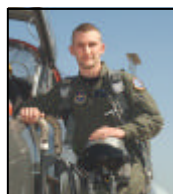
2ND LT. MICHAEL ALBRECHT  
UNITED STATES  
TORNADO



1ST LT. ILARIO BEATO  
ITALY  
B-707



1ST LT. BRIAN BUSCHAR  
UNITED STATES  
F-16



1ST LT. BENJAMIN CHOWN  
UNITED STATES  
B-52



2ND LT. COLLIN CIMA  
UNITED STATES  
F-15C



1ST LT. GIANLUIGI COLUCCI  
ITALY  
AMX



1ST LT. RICCARDO D'URBANO  
ITALY  
HH-6F



1ST LT. NICHOLAS EDWARDS  
UNITED STATES  
F-16



1ST LT. MATTHIAS EICHNER  
GERMANY  
TORNADO



1ST LT. PHILLIP GEORGE  
UNITED STATES  
A-10



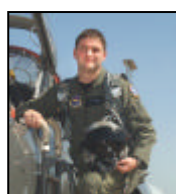
2ND LT. RYAN GOODWIN  
UNITED STATES  
F-16



2ND LT. JASON MASCETTA  
UNITED STATES  
F-16



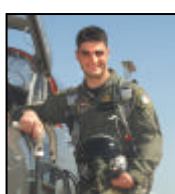
1ST LT. ROBERT MILLER  
UNITED STATES  
F-16



1ST LT. TIMOTHY MITCHELL  
UNITED STATES  
A-10



1ST LT. GIOVANNI PASQUALUCCI  
ITALY  
B-707



1ST LT. MARIO PASSANTE  
ITALY  
TORNADO



1ST LT. RUSSELL REESE  
UNITED STATES  
A-10



2ND LT. BRENT RITZE  
UNITED STATES  
F-16



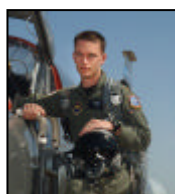
1ST LT. STEFANO ROMITO  
ITALY  
C-130



1ST LT. BRADLEY RUTTMANN  
UNITED STATES  
F-16



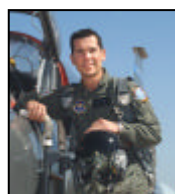
1ST LT. GERD SCHNELL  
GERMANY  
TORNADO



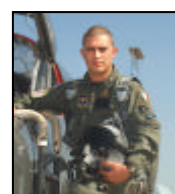
2ND LT. SHAWN TAPPS  
UNITED STATES  
F-16



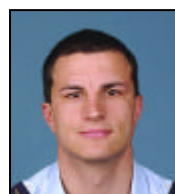
2ND LT. RYAN TYPOLT  
UNITED STATES  
T-38



2ND LT. DANIEL ULLMAN  
GERMANY  
TORNADO



2ND LT. DAVIDE VERDOLINI  
ITALY  
HH-35



1ST LT. AMBROGIO ZANETTE  
ITALY  
C-130

## PROMOTIONS

Continued from Page 1

Michael R. Ratliff  
Jimmy D. I. Rich  
Jack M. Rick III  
Eddie L. Robnett  
Melissa A. Simpson  
Kevin P. Taylor  
Nathan W. Todd  
Kevin C. Travler  
Frederick Trueman  
Scott K. Turner  
William E. Van Kirk  
David B. Weinberg  
Michael S. Wheeler  
Charles L. White

### 366 TRG Sq

Brent R. Batten  
Timothy Bergkvist  
Troy J. Cole  
Christopher M. Cox  
Arnoldo Cuevas Jr.  
Randy E. Davidson  
James A. Gill  
Craig E. Grant  
Chelsea L. Harris  
Charles E. Hogan  
Derrick L. Jones  
Gregory R. Kirk  
Daniel Mendoza

Wilbert R. I. Norton  
Michael Ostrander  
Brian P. Peterson  
Gary D. Phillips Jr.  
Daniel E. Pooler  
Kristian R. Schroer  
David Wasacz  
Christo Woolington  
Harry E. Bounds  
Jose M. Figueroa  
Matthew F. Gebstadt  
Brian D. King  
Benjamin Mcgarvey  
Duane A. Bourgeois  
Brian S. Morris  
Robert A. Poole  
Johnny J. Avalos  
Norman D. J. Crittle  
Robert N. Cullison  
Henry L. Dempsey  
Chad S. Huizenga  
David M. Johnson  
Henry S. Jolly IV  
Brian T. Mccague  
Linda McGinnis  
Hieu T. Nguyen  
John M. Tutt  
Martene D. Whiting  
Alicia C. Wilder

### 367 TSS Sq

Eric W. Eberlien  
Andrew Guillory  
Marco A. Mata  
Adam D. Robertson

### 372 TRG Sq

Johnpaul Anema  
Todd A. Badger  
John A. Barber  
William Battenberg  
Steven D. Blackwood  
Andrew G. Blake  
Alison M. Bridges  
Rachel M. Conaway  
Jason P. David  
Brenda J. Degnan  
Deshone N. Elmas  
Mathew M. Fleishans  
Christopher Franklin  
Baltazar Garcia II  
Roberto R. Garza  
William Gunderson  
Shawn C. Hamel  
Joshua A. Hurt  
Mark D. Isaacs  
Phillip D. Kersey  
Christi Kirchhofer  
Brian D. Kneidl

### 373 TRG Sq

Brian F. Adams  
Scott A. Lafranco  
Michael V. Leon  
Joseph G. Lewis  
Ronald R. Logue  
Michael D. Lukesh  
Randell C. Mccart  
Scott R. Mccartney  
Kevin F. Palumbo  
Robert Pimentel  
Henry P. Powell  
Shayn W. Powers  
Doug A. Reynolds  
Doug B. Richardson  
Douglas D. Ricker  
Joshua P. Rogers  
Phillip T. Rooney  
Douglas B. Roser  
Nathan D. Schmidt  
Jerred L. Shorthill  
David W. Smith  
Robert L. Sylvester  
Miles Tiongison  
David B. Toler  
Daniel L. Vernooy  
Michael W. Wachob  
David E. Walden  
Jeffrey B. Whiting  
John M. Williams Jr.  
Daniel W. Witthuhn

### 373 TRG Sq

Seanjon A. Judkins  
Jesse D. Landry  
Nicholas J. Leifker  
Daniel E. Lindsey  
Matthew T. Mccord  
Mark C. Montrose  
Jesse W. Moyer  
Robert S. Mullins  
Tobias L. Myer  
Michael J. Nagy Jr.  
Christopher Obermeyer  
Jason L. Palmer  
Charles F. Peckham  
Mark G. Pelfrey  
Christopher Prestero  
Mark R. Protasiuk  
Jason M. Rainey  
Jeffrey R. Rathje  
Michael B. S. Rear  
James R. Richardson  
Mark E. Rohr Jr.  
Mark F. Ryland  
Shane A. Siegfried  
David B. Skaggs  
Robert D. Smith  
Christopher Stanelle  
Kirk L. Stein  
Bradley M. Sufka  
Erik S. Tarver  
Kyle T. Taylor  
Donald L. Thomas Jr.  
Aaron M. Trudeau  
Steven W. Weiss

Christopher Wells  
Todd A. Westhaver  
Steven T. Willis Jr.  
Leonard H. Young  
Mitchell A. Young

### 381 TRG Sq

Lisa M. Barron  
Jeremy P. Davis  
Nathan L. Davis  
Jonathan Fernandez  
Anne M. Graves  
Lisa B. Lund  
Julie A. Pritchard  
Denny W. Shaffer  
Kris E. Walker  
Jeffery C. Wilcox

### 382 TRG Sq

William D. Acevedo  
Richard R. Brady  
Paul R. Breckon  
Donald B. Cook  
Danyell A. Gardner  
Matthew J. Lau  
Trina M. Roulston  
Nathan J. Wright

### 383 Trg Sq

Paul T. Abraham  
Alan M. Braden

Mary Anne Jamison  
Bradley T. Jones  
Deshundra L. King  
George H. J. Koehler  
Melissa J. McKenzie  
Bonnie L. Morris  
Stacie A. K. Parsons  
Melinda M. Robinson  
Joseph L. J. Sanchez  
Frank D. Sills III  
Jennifer R. Wampler  
Sherri D. Ziegler

### 80 OSS Sq

Ernan Gutierrez Jr.  
John W. Neff  
Craig A. Wright

### 82 AEM Sq

Tevin D. Auster

### 82 CEG Sq

Brian L. Drennan  
Denise June Mumme

### 82 CMN Sq

Jay E. Andrews

### 82 DET Sq

Terri L. Harmon

### 82 MDO Sq

Patricia S. Nelson

See PROMOTIONS, Page 8





Photo by Sandy Wassenmiller

## Flip

Clowns from the Ringling Bros. and Barnum & Bailey Circus entertain Sheppard members for free at the base theater Friday.



Photo by Sandy Wassenmiller

## Snip

Senior Master Sgt. Steve Keck, from the 82nd Medical Group, Master Sgt. William Concentine, from the 360th Training Squadron, and Chief Master Sgt. Judy Ruiz, from the 381st Training Squadron, cut the ribbon for the new Top 3 Lounge at the enlisted club Friday.

# Got orders?

## *It's time to make a move*

Making a permanent change of station move can be a hectic, stress-filled experience.

In fact, experts say that packing up and moving to a new location is one of the most stress-filled experiences in our lives.

However, with a little planning and preparation, you may be able to eliminate some of the frustration caused by moving.

Besides relocating your family and the dog, filling out change of address cards, starting and stopping utilities and the local newspaper, you've actually got to move your household goods and personal items. To get started, get a calendar and begin backing out from your report no later than date and choose an alternate and secondary date for household goods pickup.

Next, visit the Transportation Management Office, Bldg. 402, room 110, 45 to 60 days prior to the date you would like to have your shipment picked up. Bring copies of your orders. They will give you an appointment to discuss the move. Normally the appointment will be within 10 duty days of your requested pick up date. But, since this is the peak shipping season, there are no guarantees.

About 60 days from the move you may consider throwing away stuff that you haven't used for the last two years. If your move is out of state, ask your insurance agent about auto insurance in your new state. If you are moving in state, find out where you can change your address on your driver's license. Also, if you have kids, obtain their school records so you can transfer them to their new school. And, make sure to properly dispose of any household chemicals.

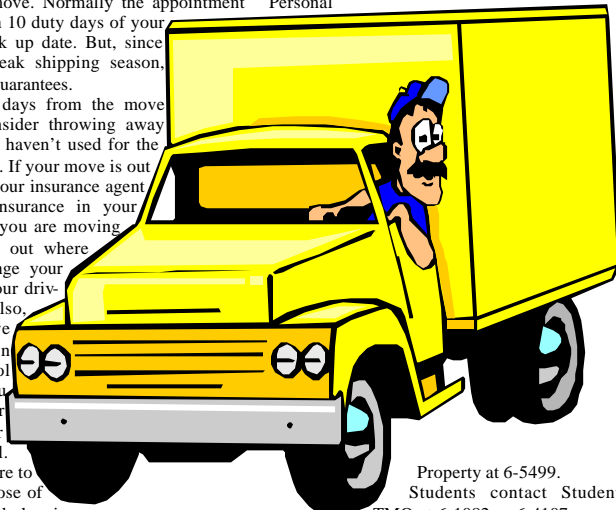
Do-It-Yourself (DITY) moves have become quite popular over the years. One thing to

remember is that you must attend a TMO briefing prior to making one. Members who do not attend a briefing will encounter difficulties attempting to finalize DITY paperwork at their destination base if they do not have any documentation from the original TMO.

Other agencies on Sheppard can help decrease the stress of the move also. The Family Support Center's Relocation Assistance Program offers up-to-date information about your new base and communities in the form of newcomer's guides and videos to assist in preparing you and your family for the move. They also offer workshops and seminars on the "how to's" of making a move.

Once you arrive at your new duty station, call the local TMO office so that you can check on the status of your household goods, give contact phone numbers and arrange for delivery of your personal property.

If you need more information regarding your next PCS move, contact Outbound Personal



Property at 6-5499.

Students contact Student

TMO at 6-1082 or 6-4107.

(Information for this story was provided by the Sheppard Transportation Management Office.)

For a ride home after a night out, call 6-AADD.

Sheppard Senator

Brig. Gen. Arthur Rooney Jr., 82nd Training Wing commander

Sheppard Senator editorial team

Maj. Manning Brown, Public communication director

Master Sgt. Jeff Szczechowski, Noncommissioned officer in charge

Bill Thornton, Internal Information Chief

John Ingle, Editor, design team member (6-7244,

sheppardsenator@sheppard.af.mil)

Senior Airman Chris Powell, Sports editor, design team member

Airman 1st Class Jacque Lickteig, Staff writer, design team member

Terri Tyler, Action Line coordinator (6-2000, action.line@sheppard.af.mil)



Published by the Times Publishing Company of Wichita Falls, Texas, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the 82nd Training Wing.

This commercial-enterprise Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of The Sheppard Senator are not necessarily the official views, or endorsed by the U.S. government, the Department of Defense or the Department of the Air Force.

The appearance of advertising in this publication including inserts or supplements does not constitute endorsement by the DoD, the Department of the Air Force or the Times Publishing

Company of the products or services advertised.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, marital status, physical handicap, political affiliation or other nonmerit factors of the purchaser, user or patron. Content is edited and prepared by the 82nd TRW public communication office. Copy deadline is noon Friday the week before publication. All photos are U.S. Air Force photos unless otherwise credited. E-mail submissions to sheppardsenator@sheppard.af.mil 82nd TRW/PA, 419 G Ave., Ste. 3, Sheppard AFB, Texas 76311-2943.

Commander's Corner



Photo by Sandy Wassenmiller

Brig. Gen. Arthur Rooney Jr., 82nd Training Wing commander, presents the Air Education and Training Commander Ground Safety

Individual Award of Distinction for the first quarter of 2004 to Tech. Sgt. Robert Foster, from the 82nd Communications Squadron.

Proud to serve  
My view of the military

By 1st Lt. Steven James

745th Expeditionary Airlift Squadron

SOUTHWEST ASIA (AFPN) – Duty, honor, integrity, commitment and sacrifice. Our deployed units across the world are constantly reminded of these five simple, yet significant words. Recent images of our fight against terrorism have invoked strong emotions in the hearts and minds of our Soldiers, Sailors, Airmen and Marines.

In front of the world, newspapers, magazines and televisions show our struggle to bring peace and stability to the Middle East.

We see and read about ambushes of coalition convoys, roadside bombs, civilian contractors being tortured and killed, and flag draped coffins carrying the remains of our fallen heroes. While family and friends are left with these images, a seemingly heavy blow to our nation's morale, let there be no question of our will and determination to protect America, its allies and interests.

Our resolve remains steadfast in the face of international terrorism. Those who have paid the ultimate price wouldn't want it any other way. The commitment to protect our

way of life and to stop the spread of terror is as strong now as it was on Sept. 11. Let there be no doubt. Our sacrifices are too great.

The brave men and women of our coalition forces and civilian counterparts are extraordinary people who commit their lives on a daily basis to preserve and protect our greatest asset: freedom.

While the media tends to focus on the "gloom and doom" of the war on terror, we must remain on our course. America is proud of us and of the sacrifices we make to protect our values.

I want you to be proud of yourself as well. You have made the choice to fight for what you believe in and to take a stand when others may not have done the same. We aren't in our profession for money or prestige, but simply to make a difference in the world and in the lives of oppressed people.

The words duty, honor, integrity, commitment and sacrifice are not just words to us, they are reality. My heart fills with pride knowing that our nation still produces men and women who are asked to lay their lives on the line every day and yet do it without question, for we already know the answer.

AAFES employees privileges

Question: It has been brought to my attention that AAFES employees who are not military affiliated (either retired or dependents) have been using the base fitness center and other services activities, such as the daycare and youth center.

I was under the impression that these places were reserved for active-duty, retired, DoD civilian and dependent personnel. Several times, I hear stories about how an active-duty parent has to put their child on a waiting list, and yet AAFES employees are allowed to use the daycare and youth center. This past spring, my wife tried to register our daughter to play soccer on base. She was told

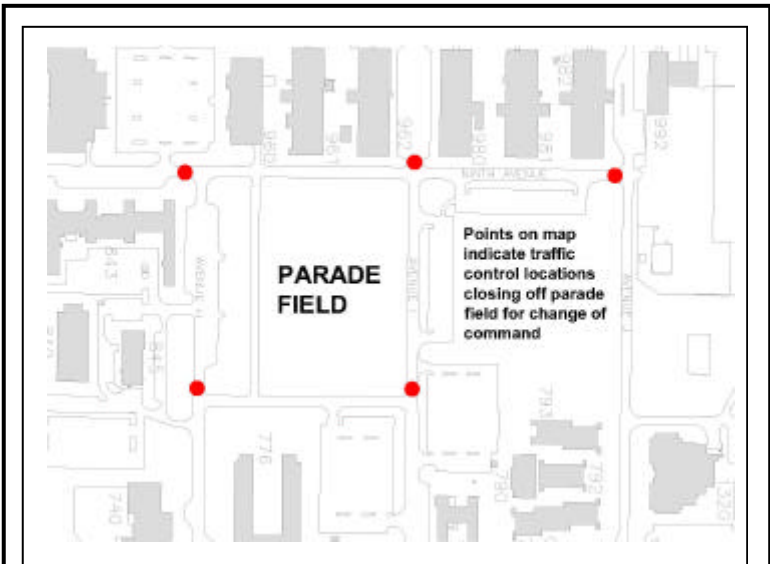
that there was no space available, only to find out that many of the children playing were not military affiliated. Can you tell me if these people are allowed these privileges that only some of us have earned?

Answer: The AFI defines eligibility for use of services activities. It grants DoD employees, both APF and NAF, use of MWR facilities. AAFES employees and NAF employees are therefore eligible to use our various programs. The policy regarding eligibility for the youth sports program is active-duty military dependents and DoD employee dependents have priority. There are times when we need off-base youth to

help complete/form teams. We allow them to register after registration dates for eligible patrons have passed. The youth center sets registration dates and late registration dates for each sports program. During these times, no eligible patron is turned away. After teams are filled and practices begin, we may add folks on a space-available basis. Upcoming sports programs, with registration dates, are marketed on the marquees at the base gates, in the Services Whirlwind, and the Sheppard Senator.

Auto Skills kudos

Question: I just wanted to recognize and say thanks to Art, Grant and



Change of command map

Above is a map of the roads that will be closed during the change of command ceremony Thursday at the parade ground at 7:30 a.m. in which Brig. Gen. Arthur Rooney Jr., 82nd Training Wing commander, will relinquish command to Brig. Gen. James Whitmore.

Grass is greener on this side

By Capt. Shannon Smith

14th Security Forces Squadron commander

COLUMBUS AIR FORCE BASE, Miss. (AFPN) – I got a call recently from the security forces deployment manager at Air Education and Training Command, a person I've become well acquainted with during my brief tenure as a squadron commander.

He asked me if my unit could "step up to the plate" and support yet another out-of-cycle deployment tasking. Such is life in today's operational Air Force. Many Airmen in my unit have deployed four or five times, and that is just during their first term of enlistment. These deployments take their toll on individuals, their families and the people at home station who work twice the hours just to keep things going in their absence.

All these factors beg the question we all ask ourselves at one point or another: Is the grass greener on the other side?

Three years ago, I received a flier from a very reputable recruiting firm. The company specializes in placing military officers with four to 10 years of service into top-tier corporate jobs across the country. I had received these fliers before and always tossed them in the trash, but this time I hung onto one because I was starting to get burned out.

I had recently returned from a remote assignment only to be rewarded with a 14-hour-a-day, six-day-a-week job with no relief in

sight. My wife and I were expecting our first child and were entertaining thoughts of permanently moving closer to home. With all this in mind, I called the number on the flier.

After attending the company's initial presentation, I interviewed and was accepted as a candidate for the corporate placement program. Shortly thereafter, I informed my commander of my intention to separate from active duty.

My military background significantly enhanced my value to corporate America. I'll never forget what one potential employer said to me during an interview. He asked me, "Do you know why we like to hire military people?" In my infinite wisdom, I rattled off several impressive, detailed responses. None were what he was looking for. He simply stated, "Because they show up for work on time."

Never before or since has anyone so completely encapsulated the high caliber of military people with such a brief, yet powerful comment.

Soon after the interview, I accepted a great offer to work for one of America's largest companies. The base salary was significantly higher than my military pay, the medical plan and stock options were first rate, and the location was just a couple hours from home.

After a month or so, I realized I was doing a lot less work than I ever did in the military. The job was everything I dreamed of. But surprisingly, I dreaded going to work every day.

Why, you ask? I found I missed the camaraderie. I missed the smell of jet fuel. I missed the Air Force song. I missed putting on the uniform. I missed being around people who come together when their backs are against the wall and make extraordinary things happen.

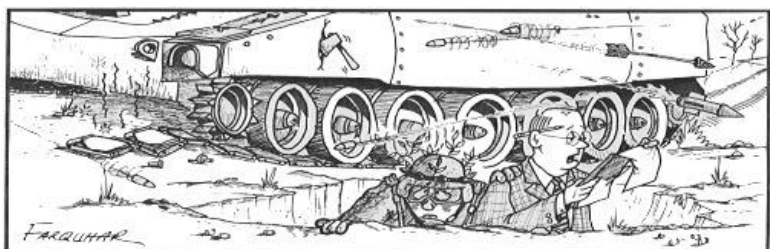
But most important, I missed being a part of something larger than myself. I missed being part of the world's greatest air and space force and prayed desperately for the opportunity to return.

As an improving economy enhances the job market and the war on terror gets tougher, you, like me, might find yourself contemplating the merits of life outside the Air Force. When you do, remember this: You'll never be associated with a finer group of people, nor will you answer a more noble calling than the one to serve your country and protect our way of life.

The intense job satisfaction that comes from such an honorable pursuit is something I didn't truly appreciate until I stepped away from the military. Fortunately, the Air Force welcomed me back with open arms.

Just five months after separating, I returned to active duty with a renewed passion for my profession that the bigger paycheck, great location and fantastic benefits could never spark during my brief stint in corporate America.

For me, the grass is definitely greener on this side of the fence, and this is where I intend to stay for a very long time.



REGRETTABLY, SERGEANT DAVIS, SUB-SECTION 'C', PARAGRAPH-FOUR OF YOUR AUTO CLUB CONTRACT CLEARLY EXCLUDES TOWING DURING MANEUVERS!

Action lines

Dimmer at the Auto Skills Center for not only fixing my car but saving me more than \$140 in repair costs. I needed to get my car repaired to depart the next day to New Mexico for a family member's wedding. I didn't have the \$175 that the off-base auto parts store wanted for a new starter. Art, Grant and Dimmer informed me that any starter would fit and work from early year model vehicles and the cost was considerably less. In fact it cost me a little more than \$35 rather than \$175.

They gave me expert instruction on installation of the starter and had me back on the road. They also loaded me with valuable information that will help me save even more with other

future repairs. It's sincere, caring people like these that make up great "Team Sheppard" members! Thanks again Art, Grant and Dimmer. Without your help our trip would not have happened.

Answer: Thanks for the note expressing your gratitude! The Sheppard Auto Skills Center staff share more than 150 years of automotive knowledge. There are very few years, makes or models on the road today they don't have knowledge on. The best part is, they thoroughly enjoy passing that experience along to our customers. All of our staff members are professional mechanics.

Auto Skills is not just a place

to repair your car, but a true skills development center, where customers, like the one who wrote the letter, get trained to do repairs they never thought were possible. Next time you need an oil change, tune up, or other auto repair, try the Auto Skills Center first. Learn the do-it-yourself way and save big bucks on all your auto repairs.

Auto Skills is located in Bldg. 55. They're open Monday, Thursday and Friday from 1 p.m. to 10:30 p.m. and Saturday and Sunday from 9 a.m. to 4:30 p.m.

Submit your questions and concerns to action.line@sheppard.af.mil or call 6-2000.

Your submission may be published in The Sheppard Senator.



## PROMOTIONS

continued from Page 4

### Master Sergeant 364th TRS

Johnny B. McKenzie  
Christopher Nyhagen  
Wayne A. Stroud  
Lance C. Turner

### 365th TRS

Duane M. Denney  
William S. Force  
Robert L. Frazier  
Marsha D. Harris  
Kelly R. Hogness  
Charlie W. Jones, Jr.  
Richard Lucero  
Lloyd F. McNett  
Douglas W. Rough  
Daniel J. Schrader  
Robert L. Stewart  
Jene M. Thomas  
Bryan K. Weaver  
Corey J. Weiland  
Anthony K. Wilson

### 366th TRS

Michael L. Carter  
James B. Downey, Jr.  
Robbie S. Gowns  
Michael L. Greene  
Wade D. Headlee  
Roy A. Kettula  
William C. McClure  
George J. Richey  
Michael B. Saipho  
James B. Seddon  
David T. Shuler  
Douglas K. Stevens  
Jonathan H. Voigt  
Harry E. Bounds  
Jose M. Figueroa  
Matthew F. Gebstadt  
Brian D. King

Benjamin McGarvey  
Duane A. Bourgeois  
Brian S. Morris  
Robert A. Poole  
Johnny J. Avalos  
Norman D. Crittle  
Robert N. Cullison  
Henry L. Dempsey  
Chad S. Huizenga  
David M. Johnson  
Henry S. Jolly, IV  
Brian T. McCague  
Linda McGinnis  
Hieu T. Nguyen  
John M. Tutt  
Martene D. Whiting  
Alicia C. Wilder  
Daniel Mendoza

### 367th TRS

Eric W. Eberlien  
Andrew Guillory  
Marco A. Mata  
Adam D. Robertson

### 80th OSS

Daniel D. Alvarez  
Kraig W. Chapman  
David R. Criddle

### 82nd AMDS

Billy S. Barnett  
Jeffrey D. Cahill

### 82 MDOS

Leonardo G. Castro  
Joey L. Gilbar  
Jennifer Rhoades  
Timothy J. Senesac

### 82 MDSS

Josefina Herrera

### 82 CES

Baron W. Caton  
William P. Lane  
Carl A. Morris  
Tony L. Turner

### 82nd LRS

Jon G. Lewis

### 82nd MSG

Kim A. Loncar  
Anthony L. Miller  
Maxine S. Abeyta  
Michael S. Brown  
Marc Schwartz

### 82nd SFS

Michael A. Marcum  
Lethaniel Saunders

### 360th TRS

Craig A. Ammons  
David Bright  
Charles A. Collins  
Welton L. Glover  
Shannon M. Knapp  
Thomas K. Morrow  
Robert A. Reich  
Ronald G. Uplinger  
Rodger A. Young  
Richard L. Buss, Jr.  
Joseph S. Herrera  
Jamison Mullins

### 361th TRS

Kenneth R. Boteler  
Ryan A. Fondulis  
Joshua L. Johnson  
John J. McCoy, Jr.  
David P. Meany  
Daniel M. Moree  
Jonathan C. Redfern

Christopher Herman  
Joseph L. Powell  
Tracy D. Taylor  
Haylee L. James  
Paola Larocca  
Nick Ledesma  
Milton V. Slade, Jr.

### 362nd TRS

Deryl L. Brandon  
Douglas A. Crank  
Ronald Dawicki  
Ronald W. Fischer  
Glenn H. Harris  
Michael V. Ozment  
Rodney L. Woolever

### 363rd TRS

Shelly W. Bailey  
Paul E. Beck  
Russell D. Cook  
Kenneth W. Forston  
Michael J. Gwodz  
Peter A. Lettkeman  
Nickie J. Maggard  
Shane M. Meister  
Kevin C. Oliver  
Ada A. Russell  
Adam A. Schrader  
Randall S. Voy  
John E. Warehime  
Billy W. Wilson  
James B. Woody  
Darin L. Dye  
Matthew G. Saganski

### 361st TRS

William J. Ingram

### 360th TRS

Duane E. Shaffer, Jr.  
Vernon R. Simpson

### 82nd TRW

Gerardo Delagarza

Thomas Fragoso  
Gregory S. Hadsell  
Donald R. Hall  
Carlos Miramontes

### 381st TRS

William L. Peterson  
Stacy G. Stover  
Lisa M. Barron  
Jeremy P. Davis

### 382nd TRS

Amy E. Copeland  
William D. Lumsden  
John Maldonado  
Natalie Y. Owens  
Timothy C. Parrish  
Michael F. Restivo  
Karen M. Root

### 383rd TRS

David D. Davis  
Adriene D. Johnson  
Lorinda J. Pirrie  
David A. Wilhelm

### 882nd TRG

Jaron R. Conley  
Tami J. Anderson

### 882nd TRSS

Jane A. Witter

### 372nd TRS

Thomas W. Wukawitz  
Douglas D. Ricker  
David B. Toler  
Michael V. Leon  
Khristi Kirchhofer  
Steven J. Kuiper  
Douglas B. Roser  
Todd A. Badger  
Steven D. Blackwood  
Christopher Franklin  
William Gunderson

Brian D. Kneidl  
Joseph G. Lewis  
Henry P. Powell  
Chad A. Reynolds  
Phillip T. Rooney  
Robert L. Sylvester  
John M. Williams, Jr.  
Johnpaul Anema  
Joshua A. Hurt  
Rachel M. Conaway  
Joshua P. Rogers  
Michael W. Wachob  
Jeffrey B. Whiting  
Shayn W. Powers  
Roberto R. Garza  
Daniel W. Witthuhn  
Mathew M. Fleishans  
Randell C. Mccart  
John A. Barber  
Phillip D. Kersey  
Scott R. McCartney  
Baltazar Garcia  
James J. Krachinski  
Scott A. Lafranco  
Jason P. David  
David W. Smith  
Andrew G. Blake  
Shawn C. Hamel  
Mark D. Isaacs  
Robert Pimentel  
David E. Walden  
Brenda J. Degnan  
Michael D. Lukesh  
Miles Tiongsong  
William Battenberg  
Doug B. Richardson  
Nathan D. Schmidt  
Ronald R. Logue  
Kevin F. Palumbo  
Jerred L. Shorthill  
Daniel L. Vernoooy

### 373rd TRS

Donald E. Bullock  
Jeffrey M. Landis

James P. Harris, Jr.  
Bradford L. Barrier  
Christopher Obermeyer  
Jeffrey R. Rathje  
Anthony A. Hendry  
Jesse D. Landry  
Jesse W. Moyer  
Christopher Stanelle  
Bradley M. Sufka  
Kyle T. Taylor  
Vincent C. Barnes  
Tobias L. Myer  
Charles F. Peckham  
Leonard H. Young  
Joseph L. Conklin  
Nicholas J. Leifker  
Seanjon A. Judkins  
Kirk L. Stein  
Erik S. Tarver  
Christopher Wells  
Ray A. Drake  
Mitchell A. Young  
Mark A. Bender  
Kevin T. Jones  
David B. Skaggs  
Mark E. Rohr, Jr.  
Christopher A. Bane  
Christopher Barnett  
Mark R. Protasiuk  
Brian F. Adams  
Lamont K. Daniels  
Aaron T. Gilbert  
Christopher L. Gill  
Jose M. Gonzalez  
Sarah M. Goodale  
Joe M. Kolp  
Jason M. Rainey  
Mark F. Ryland  
Steven T. Willis, Jr.  
Jeramie D. Banks  
Jamey S. Elms  
Richard Greenwood  
Joseph G. Grundtitz  
Trevar A. Hutchison  
Brett A. Kozel

### 982 MXS

Steven W. Brown  
John R. Harrison  
Gary A. Hinkelman

### 372nd TRS

Deshone N. Elmas  
Alison M. Bridges

### 373rd TRS

Shaffer Crouse

### 344th REC SQ

Robert Cunningham  
Sean L. Snodgrass  
Daniel T. Brown  
Steven R. Porter  
Garry B. Myers  
James D. Walker

## Chapel schedule

### Catholic services

*Confession by  
appointments only*

### Sunday

Mass: 9 a.m. (*south chapel*)  
and noon (*Solid Rock Cafe*) and

5 p.m. (*south chapel*)

RCIA: 1:30 to 3 p.m. (*Bldg. 962*)

### Daily Mass

Tuesday, Wednesday and  
Thursday: 11:30 a.m. (*south chapel*)

### Protestant services

**Sunday**  
10:30 a.m. Community  
Worship (*north chapel*)  
10:30 a.m. Inspirational  
Gospel Worship (*south chapel*)  
10:30 a.m. Holy  
Communion Worship (*Solid  
Rock Café*)

### Protestant Parish Ministries

Protestant Men of the  
Chapel: Saturday, 6:30 a.m.  
(*south chapel*)

Weekday Bible studies:  
Tuesday, 6 p.m. and Thursday,  
noon, (*south chapel*)

### Protestant Religious education

Tuesday Bible study, 6 p.m.  
(*south chapel*) Thursday, noon  
Bible Study, lunch provided  
(*south chapel*) PWOC Thursday  
Bible study, 6 p.m. PMOC  
Tuesday Bible study, 6 a.m. For  
more information about the  
chapel, call 6-4370.

## Student ministry

### Solid Rock Cafe (Bldg. 450)

Monday through Thursday,  
7:30 a.m. to 9:30 p.m. Friday,  
7:30 a.m. to 11:30 p.m.  
Saturday, 1 to 11:30 p.m.,  
Sunday, 1 to 9:30 p.m.

Sunday Protestant Bible  
study, 4 p.m. Contemporary  
Praise Worship Service, 5 p.m.  
Holy Communion Worship,  
10:30 a.m. Praise and Prayer,  
Wednesday, 8 p.m. Students  
Awaiting Training classes,  
Tuesday and Thursday, 8:15 to  
10 a.m. Chapel Ropes Meeting,

Tuesday, 11 a.m. to noon and  
4:15 to 5 p.m. Parents and Tots,  
Monday, 1:30 to 3:30 p.m. and  
Wednesday, 10 to 11 a.m.  
Praise Band Rehearsal,  
Saturday, 10 a.m. to noon. Solid  
Rock Saturday Meal, 6:15 p.m.

## Student stuff

### Karaoke contest

The student center will have  
a karaoke contest Saturday from  
8 to 9 p.m. For more informa-  
tion, call 6-7659.

### FITS

Saturday – Water polo.

## In Film

### Van Helsing (PG-13)

Today at 9 p.m.  
Saturday at 7 p.m.  
Sunday at 4:30 p.m.  
Tuesday at 7 p.m.

### Mean Girls (PG-13)

Today at 6:30 p.m.  
Saturday at 4:30 p.m.  
Sunday at 2 p.m.

### New York Minute (PG)

Saturday at 2 p.m.

Laughlin  
Airmen get  
fit during  
adventure



See Page 3B

# Sheppard Sports



Sergeant,  
widow bond  
at NASCAR  
race

See Page 4B

Vol. 57, No. 25 June 25, 2004

## 360 TRS permanent party, students dominate volleyball league, win Armed Forces tourney

By Senior Airman Chris Powell  
*Senator sports editor*

The 360th Training Squadron permanent party team and the student teams ripped through their intramural volleyball season finishing first and second, respectively.

Then the teams combined together and went on to win the Armed Forces Volleyball tournament. "I'm a big believer in intramural sports, having played many sports in the past. I watched several volleyball games throughout the year, and it was good to watch the permanent party and student teams play each other during the league," said Lt.

Col. Mack Breeland, 360th TRS commander. "The first sergeant and I sat in the middle of the stands, almost splitting the net to ensure we didn't show any favoritism. When the students won during league, it looked like the permanent party really turned around their game and during the tournament, they seemed to be playing with a lot of determination to win the championship."

During the season, the teams were in the same bracket, and faced each other once with the students winning that game.

But the permanent party team was able to get its revenge during the intramural playoffs.

"In the tournament, the 360 TRS Permanent

Party went undefeated and both losses for the 360 TRS Students were against permanent party team," said Lt. Col. Breeland.

The permanent party team seems to get stronger and stronger every year, said Lt. Col. Breeland.

"Our permanent party team has played together several years and they said they've gotten a little better each year."

But they will have a tough time keeping their team together because a lot of people are leaving Sheppard.

"Next season is unknown territory due to the fact that 90 percent of the team has or will have PCS'd," said Tech Sgt. Leonard Acosta, a perma-

nent party team member. "Staff Sgt. Todd Bond intends to aid the student team coach in developing a very competitive squad, so we have the chance to compete against them in the finals again and take a one two sweep again."

While it's impossible to keep the same team together for the students, the secret to their success could be their coach.

"We had a very strong coach in Airman 1st Class Amir Tilles who played competitive volleyball and even coached a girl's high school team," Col Breeland said. "He did a great job bringing together the students and helped make them play together as a team."

### Sports Briefing

#### 5th Avenue to close for physical readiness training

Starting Monday, non-prior service Airmen will be having physical readiness training on the new one-mile track east of Ave K every Monday, Wednesday, and Thursday.

During that time, 5th Ave will be closed to traffic from Ave F to Ave K to march Airmen to the track.

Traffic will also be unable to cross 5th Ave from Ave F to Ave K. The street will reopen once all Airmen are safely on the track and will again shut down to march the Airmen back to their squadrons.

Below are the morning and afternoon road closure times:

Morning : 9 to 9:20 a.m. and 10:10 to 10:40 a.m.

Afternoon: 5 to 5:20 p.m. and 6:10 to 6:40 p.m.

While PRT is being conducted for NPS Airmen, the 1-mile track will be closed to the rest of the base personnel. Also, when 5th Ave is shut down during the times listed above, no vehicles will be able to exit the post office.

If you have questions concerning the PRT program, call 6-6102 or 6-5412.



Capt. Kevin Eastler holds the fastest time among U.S. race walkers and is holder of the second-fastest time in U.S. 20-kilometers walking history with a time of 1 hour, 22 minutes, 25 seconds. He is among 22 other Airmen who are striving to earn their way into the Olympics.

## Captain tries to walk his way to Olympics

Courtesy of Airman Magazine

Twenty-two athletes have dedicated their lives the past two years to not only serving the country as Air Force members, but hopefully as representatives of their country at the 2004 Summer Olympics in Athens, Greece, in August, where the ancient games originated.

Many of these officers and enlisted men and women are chasing Olympic dreams that began in childhood. Facing the best competition the world has to offer, most won't succeed in their efforts to make the Olympic team, and fewer still, if any, will win Olympic medals.

#### Capt. Kevin Eastler, Run Walking

While other kids in Farmington, Maine, were heading to Little League practice, 9-year-old Kevin Eastler was moving to the beat of a different drum.

He was following in the footsteps of his father and older sister, Gretchen. They were race walkers, and he knew that if he, too, worked and paid his dues, the sport of race walking could ultimately lead to competition in, what seemed to him at the time, distant lands such as Florida where he flew for the first time to see his big sister compete.

Now, almost 20 years later, the Air Force captain continues the journey that could lead to Athens. His Olympic

chances look good. He currently holds the fastest time among U.S. race walkers and is holder of the second-fastest time in U.S. 20-kilometer race walking history with a time of 1 hour, 22 minutes, 25 seconds.

"That would be the best thing. That's what I've been training for," said Captain Eastler, who trains full time in Aurora, Colo., as part of the World Class Athlete Program. His recent success makes him a heavy favorite to qualify for a position on the Olympic team, but he's taking nothing for granted. Soon after graduating from the Air Force Academy in 1999, he was ranked fifth in the nation and finished second at the Olympic trials but was about three minutes off the qualifying time.

It's been a long four years filled with ups and downs as he prepared again for the Olympics. For a while, he had to combine training with his job as a missile combat crew commander at F.E. Warren Air Force Base, Wyo., before joining the World Class Athlete Program. Juggling career and training was tenuous at times, but he said it's also given him a better perspective.

"I think that's made me a better athlete because it made me appreciate the time I now have to train, and has made me more efficient with my time," he said.



Capt. Kevin Eastler graduated from the Air Force Academy in 1999 and was ranked fifth in the nation and finished second in the Olympic trials but was three minutes off the qualifying time.

And if he makes the team, he'll stand at the starting line in Athens with realistic expectations. Going for the gold isn't his primary goal. Although he doesn't rule out the possibility, he said he'd be happy with a top-10 finish.

He's what you might call quietly optimistic. "I'm pretty confident about it if everything keeps going well."

You can follow Captain Eastler's journey to the Olympics at [www.usatf.org](http://www.usatf.org).

## Army beats Air Force, 95-89 to win Armed Forces basketball

Courtesy of the Army  
News Service

CHARLESTON AIR FORCE BASE, S.C. — All-Army defeated All-Air Force 95-89 to win the gold medal in the 2004 Men's Armed Forces Basketball Championships.

Charleston hosted the service all-stars in the May 26-31 double round-robin tournament.

With only three players returning from its 2003 silver-medal squad and seven newcomers, All-Army went 6-0 to capture its third title in the last four

years.

"I'm ecstatic to come in here with an inexperienced team, go 6-0 and win the gold," said Army coach Capt. Babe Kwasniak. "It was a great game between two great teams and the game could have gone either way."

The All-Army coach said conditioning was critical to his team's success in the tournament.

"We practiced three times a day in the high altitude at Ft. Carson, Colo.," Kwasniak said. "They could not wear us out. My guys can run forever."

All-Army had a 5-0 run, including

an 80-77 win over All-Air Force, to set up their championship game Monday at the CAFB Fitness and Sports Center Hurricane Court.

All-Army jumped out to 20-8 lead in the first five minutes with its run-and-gun offense and swarming defense, which forced 23 turnovers. The All-AF team, which Coach Tech. Sgt. Mark Watley called his most talented in the last five years, finally settled down for a 18-9 run to cut the All-Army lead to three with nine minutes to play in the half. Using its superior quickness, All-Army increased its lead

to 44-35 with three and a half minutes left before a 9-1 Air Force run cut it to one at 45-44 as the first half ended.

"We played our worst first half of the tournament, and we were down by only one point to the best team," said Watley to his team at half time. "We need to play tighter defense on Ronald Bartley and Eric Draper and cut down on their open looks."

In the second half the fired up All-Air Force team behind guard Capt. Tyron Wright and forward Master Sgt. Edward Simpson pushed its lead to 69-63 with 11 minutes to go.

Army tied the game at 74 and then 6-9 forward Airman First Class James grabbed a rebound, dribbled the length of the court and slammed a dunk to give the host team a 76-74 lead.

Army capitalized on Air Force turnovers and increased its lead to 89-83 with 1:21 left. Wright, the Air Force's only all-tournament selection, fouled out with 1:16 to play on an offensive charging call.

All-Army sank six free throws in the final minute to win the title. Kwasniak, who was coaching his last tournament, fittingly cut down the last net.



## Bowling

For more information, call 6-2170.

### No Tap Tournament

There is a No Tap Tournament at 7 p.m. Saturday.  
Cost is \$13 per person.

### Combo bowling held every Thursday

Combo bowling will be held every Thursday at 12:30 p.m. at the south lanes.

For more information, call Donna Dobbins at 569-2430 or Vivian Umlah at 569-1619.

### Rock It Bowl at the north lanes

A glow-in-the-dark Rock It Bowl takes place every Friday and Saturday night from 5 to 11 p.m. at the north lanes.

### Birthday parties at the south

To bowl at a birthday party at the south fitness center costs \$1.50 per game and \$1 for shoes.

Attendants are allowed to bring in a cake or ice cream but any drinks or any other food items have to be purchased from the snack bar.

### Birthday parties at the north

To bowl at a Glow Bowling birthday party at the north fitness center costs \$2 per game and \$1 for shoes.

Attendants are allowed to bring in a

cake or ice cream but any drinks or other food items have to be purchased from the snack bar.

## Community center

For more information, call 6-3866.

### Jeet Kune Do classes

There are Jeet Kune Do classes from 2 to 4 p.m. Sundays at the community activity center.

Cost is \$35 per month.

### Tang Soo Do classes

There are Tang Soo Do classes from 6:30 to 8 p.m. Mondays and Wednesdays for people ages 7 and older. Cost is \$25 for adult members and \$20 for children members.

The cost for children who are non-members is \$25.

Call 6-6826 for more information.

### Pool tournament

The pool tournament is at 2 p.m. Saturday at the community activity center.

Trophies will be awarded to first and second-place winners.

### Table tennis tournament

The table tennis tournament is at 5 p.m. the second Saturday of every month. Cost is \$2. Trophies will be awarded to first and second-place winners.

### Chess tournament

The chess tournament is at 10 a.m.

the last Saturday of every month.

Trophies will be awarded to first and second-place winners.

## Fitness center

For more information, call 6-2972.

### Aerobics at the north

Beginning July 5, all aerobics classes will be held at the new fitness center.

### Push it to the Max

Push it to the Max is a free program that's designed to teach people how to do correct push ups and will improve push up ability.

The program is from 5:30 to 7 a.m. Tuesdays in the aerobic room at the south fitness center.

### Air Force cycling program

This program is designed to promote cycling as a life-long recreational activity that supports personal fitness goals.

For more information, contact Tech. Sgt. Moffett at 6 - 2972.

### Spinning at the north fitness center

There are spinning classes at 4:30 p.m. weekdays at the north fitness center.

### Aerobiccenter offers classes

The aerobiccenter, located in the south fitness center, offers coed aerobics classes seven days a week.

### Abdominal class

Monday, Wednesday and Friday at 11 a.m.

### Cardio blast

Monday at 7:15 a.m.

### Step aerobics

Tuesday and Thursday at 5:15 a.m.

### Body pump

Monday at 6 p.m. Tuesday and Thursday at 9:15 a.m.

Thursday and Saturday at 11:30 a.m.

Wednesday at 6 p.m.

### Yoga and pilates

Monday and Wednesday at 10:15 a.m.

Wednesday at 5 p.m.

Thursday at 6 p.m.

Saturday at 3 p.m.

### Basic step

Monday, Wednesday and Friday at 7 p.m.

Sunday at 2 p.m.

### Kickboxing

Tuesday and Thursday at 7 p.m.

Sunday at 3 p.m.

### Intermediate step

Saturday at 10:15 a.m.

### Advanced step

Monday, Tuesday at 5 p.m.

### Combo step

Monday, Wednesday and Friday at 11:30 a.m.

## Pool

For more information, call 6-6494.

### Lap swimming

People can participate in lap swimming from 10:30 a.m. to 12:30 p.m. until Sept. 24 at the main pool.

For more information, call 6-6494.

### Pool passes

The pool passes can be purchased at outdoor recreation, Information Tickets and Travel office and all of the pools.

The individual pass costs \$35 and the family pass pass is \$65.

### Water aerobics

The water aerobics class is at noon, 5 and 6:15 p.m. ever Monday, Wednesday and Friday starting.

The class is free.

## Youth center

For more information, call 6-5935

### Youth soccer registration

Youth soccer registration has started for youth ages 5 to 10 years old at the Madrigal youth center.

Cost is \$35 for members and \$40 for non-members.

### Youth flag football registration

Youth flag foot ball registration has started for youth ages 6 to 10 at the Madrigal youth center.

Cost is \$35 for members and \$40 for non-members.

# T-ballers make a hit on White House lawn

By Capt. Elizabeth Ortiz  
11th Wing Public Affairs

**BOLLING AIR FORCE BASE, D.C. (AFPN)** — What could be better than playing Little League baseball on a pleasant Sunday afternoon where no score is kept, everyone on the team gets to bat and a good time is had by all? Playing at the White House in the company of the president and first lady, that's what.

Representing the Air Force, 14 Little Leaguers from here played T-ball at the White House on June 13 as part of President Bush's "Tee Ball on the South Lawn" program. Joining Bolling's Cardinals team was a team representing the Marine Corps.

Boarding two of the Air Force buses, the Bolling players and about 80 other people from here made their way to the White House.

As people from here got off the buses, Marine One helicopters were landing on the lawn of the White House, with President and Mrs. Bush on board.

When asked how he felt, Cardinals player Konnor Fenwick said he was excited to play at the White House and meet the president.

"It's a great opportunity," said his mother, Maj. Kathryn Fenwick, of the Office of Special Investigations at the Pentagon. "It's great the president takes the time out of his busy schedule to meet our Little Leaguers."

Zoe Smith, 7, was excited about "seeing the president and showing him how good I can play." Her grandfather, a former Marine, came from Poughkeepsie, N.Y., to watch her play in the game. So did an aunt from North Carolina.

Before the game, the Air Force group went on a tour of the White House. Then, it was time to play ball.

"It's opening day for T-ball season 2004," said President Bush when he came out on the field to welcome and introduce the teams. He stood on the field, which was set up on the South Lawn of the White House. Scouts from Girl Scout Troop 504 at Andrews Air Force Base, Md., presented the colors, and Tech. Sgt. Matthew Irish, of the U.S. Air Force Band, sang the national anthem.

"(Sergeant Irish is) so good at singing because

he's from Texas," joked the president.

President Bush also introduced Col. Duane Jones, commander of the 11th Wing here, as first-base coach and Marine Col. John Gumbel as third-base coach.

Before the start of the one-inning game, the president, himself a former Little Leaguer, recited the Little League Pledge with the players, evoking fairness, respect and striving to do one's best. Right after that, he "threw the first pitch" by placing a ball on the plastic tee.

The Bolling Cardinals took the field first with a "decided home-field advantage," said television sports broadcaster Joe Buck, who announced the game. The advantage extended to President and Mrs. Bush, who sat in the stands with the Air Force team.

During the 30-minute game, everyone got a chance to hit and run. Sometimes it took more than three swings to hit a fair ball. A couple times, players had to be steered in the right direction or prompted to run to the next one. There were some outs, and several players made it home.

"I never played baseball here before," Hope Kuhn said. "I never played with so many people before."

Throughout the game, Mr. Buck announced facts about the players such as what they wanted to be when they grew up and what their active-duty parents did. A rock star, a professional baseball player, a NASCAR driver, a Marine and a Soldier were some of the chosen professions. One player wanted to be either president of the United States or the White House chef.

Since no score was kept, there was no clear-cut winner. What was clear was that everyone had fun. To top it off, President Bush presented each player, coach and manager, as well as both commanders, with a baseball autographed by him.

"Getting the ball from the president was the best," Michael Ehrhart said.

The event at the White House ended with a picnic for the players and their families on the South Lawn.

"This is an experience the kids and I will never forget," said Army Staff Sgt. Jeffery Hyre, coach for the team from the White House Communications Agency.

# TSTV schedule

Informative, educational and entertaining programming is available 24 hours a day, seven days a week on Team Sheppard TV, channel 14.

In addition to Department of Defense productions, the base public communication office produces local programming exclusively for Team Sheppard.

For more information about TSTV or to share your ideas with the TSTV staff, please contact public communication at 6-1327 or check out our Web site at <http://www.sheppard.af.mil/82trwpa/default.htm>.

### Friday June 25

10 a.m. Level I Anti-Terrorism Briefing  
5 p.m. Special Warfare Combatant Craft Crewmen: The Boat Guys  
9 p.m. Soldier Medic: A Proud Heritage Extending into the 21st Century

### Saturday June 26

10 a.m. Air Force News Special Edition - The Centennial of Flight  
5 p.m. Air Force Story: The Air War Against Japan  
9 p.m. Lunch and Learn: Ms Dee Decker

### Sunday June 27

10 a.m. Air Power Over Kosovo - 21st Century Command and Control  
5 p.m. Into the Mouth of the Cat: Lance Sijan  
9 p.m. The Army in Action - Global War

### Monday June 28

10 a.m. Lt Clebe McClary  
5 p.m. Famous Generals: Dwight D. Eisenhower  
9 p.m. Navy Marine Corps News

### Tuesday June 29

10 a.m. Weekly Commander's Corner  
5 p.m. Soldier Medic: A Proud Heritage Extending into the 21st Century  
9 p.m. Sheppard Today

### Wednesday June 30

10 a.m. In Service for My Country-Sheppard Deploys  
5 p.m. Lunch and Learn: Ms Dee Decker  
9 p.m. Famous Generals: George S. Patton

### Thursday July 1

10 a.m. Sound of Freedom: The Berlin Airlift  
5 p.m. The Army in Action - Global War  
9 p.m. History of the Navy: Cold War Navy (1945-1964)



Photo by Tech. Sgt. Travis Aston

## Faster than a speeding...

LANGLEY AIR FORCE BASE, Va. — Maj. Bret Anderson flies his F-15 Eagle past IndyCar driver Dan Weldon during a race here June 22. The F-15 won the half-mile, 17-second race, crossing the finish line yards ahead of the car before heading off on a training mission. The Air Force supports events like this to boost morale and to aid in recruiting.



# Laughlin Airmen get fit during adventures

By Capt. Paula Kurtz  
47th Flying Training Wing Public Affairs

LAUGHLIN AIR FORCE BASE, Texas (AFPN) — “Are you fit to fight?” That is the question Air Force officials are asking Airmen these days, and it is the catch phrase for the new fitness focus.

One squadron here upped the ante among its Airmen recently asking, “Are you fit to race?”

More than 100 Airmen from the 86th Flying Training Squadron took part in a unit-sponsored adventure race June 12. Twelve teams of eight racers competed in a 22-mile bike ride, a 6-mile run and a four-man rafting event.

“When they approached me with this idea, I said, ‘Are you crazy? Who’s going to do that?’” said Lt. Col. Jeff Kubiak, then 86th FTS commander. “But ... this is the most awesome thing I’ve seen a squadron do.”

Maj. Rex Calvert, an 86th FTS instructor pilot, pulled together the squadron’s physical training leaders and drew from his wife’s experience as a race director to iron out the details.

“It was all about teamwork,” Major Calvert said. “Everyone was so enthusiastic, and we had no idea how much fun it would be.”

After plotting the course, coordinating with the safety office and participating in a test-run himself, his committee declared the course ready for action. Blessed with a cool, overcast day, cyclists started the race at 7 a.m. at the base exchange parking lot, setting off in four-person teams at one-minute intervals.

Switching out riders at preset locations, the teams raced for a marina where they would drop the bikes and begin the 6-mile run. At the end of the run, a four-person boat crew from each team then took up oars, launched their rafts and paddled for the finish line back at the marina.

Although they were the last team to start the race on the bikes, the command team overtook each of the other 11 teams and was the first to cross the finish line with a winning time of 2 hours, 32 minutes, 17 seconds.

Colonel Kubiak, who raced on the winning team, credited the win to a strong team and solid strategy.

“We had reviewed the map and knew our change points, and we had an A-team and a B-team that had different strengths,” he said. “The team aspect gave it a really interesting dynamic, because you’re only as fast as your slowest guy. We decided before we started that we’d all stay together to motivate and help each other.”

“We had some good athletes, and we were able to use our strengths and be flexible,” said Capt. Grey Marshall, team captain.



Photo by Capt. Paula Kurtz  
Second Lt. James Lee (left) and Capt. Nate Day lead their team to the finish line after the rafting portion of an adventure race June 12. More than 100 Airmen from the 86th Flying Training Squadron took part in the unit-sponsored race that included a 22-mile bike ride, a six-mile run and a four-man rafting event.

## Soldiers earn berth on Olympic team

Courtesy of the Army News Service

ALEXANDRIA, Va. – Two modern pentathletes from the U.S. Army World Class Athlete Program have been selected to compete in the Olympic Games at Athens, Greece.

First Lt. Chad Senior and Capt. Anita Allen are scheduled to compete Aug. 26 and 27 respectively for Team USA in the one-day, five-sport event that includes pistol shooting, fencing, swimming, equestrian riding and cross-country running.

Senior, an infantry officer from North Fort Myers, Fla., finished sixth in the 2000 Olympics at Sydney, Australia. He was leading after three events before a skittish horse refused two jumps in the equestrian event, ruining his golden moment.

“I don’t think the same thing can happen now; I’m a much stronger rider than I was in 2000,” said Senior, who returned to the sport after 18 months of soul searching following his heartbreaker in Australia. “I just hope I can have the same day I had in Sydney, aside from the ride. If I have the same fence, I’ll feel pretty good about things.”

“What sticks out most about Sydney was what might have been,” he said. “I was just so close to winning, and then to lose it all so quickly. That will haunt me forever.”

Senior won a silver medal in the 2003 Pan American Games and is ranked 7th in the world by the Union Internationale De Pentathlon Moderne (UIPM). He recently finished 13th in the World Championships at Moscow, Russia, where he teamed with Sgt. Scott Christie and three-time Olympian Vakhtang “Vaho” Iagorashvili to win a silver medal in the men’s relay.

Senior was an NCAA swimmer at George Washington University in Washington, D.C., where he set five school records. He was named Atlantic 10 freshman swimmer of the year and became a two-time conference champion in the 1,650-yard freestyle before graduating in

1996 with a bachelor’s degree in exercise physiology.

Allen, a Medical Services Corps officer from Star City, Ind., was the first woman to qualify for the 2004 U.S. Olympic team with an August victory in the 2003 Pan American Games at Santo Domingo, Dominican Republic.

After taking a six-month break from competition to have surgery on her left ankle in November, she returned to competition March 13 in a World Cup event at Queretaro, Mexico, where she finished 20th and regained her focus on the Olympics.

“I would love to come home with a medal, but I’m going to take whatever comes my way,” said Allen, adding that she has struggled through a slow recovery from surgery. “I’m just going to enjoy it and do the best I can.”

Allen, ranked 19th in the world, ran cross country and track for the United States Military Academy at West Point, N.Y., where she was named most valuable runner and team captain. A 2000 graduate, she joined WCAP in 2001 and began training for modern pentathlon.

“I always wanted to go to the Olympics, but I knew that in track and field and cross country I just wasn’t going to cut it,” Allen said. “I’m still pinching myself. I don’t think it will hit me until I’m actually on the plane landing in Athens.”

Iagorashvili and his wife, Mary Beth, also will compete for Team USA in Athens, where 32 men and 32 women are entered in modern pentathlon. The United States, Russia and Hungary are the only countries to earn four Olympic berths in the sport. Vaho won the men’s bronze medal in the 1988 Olympics as a member of the Soviet Union. He represented his native Republic

of Georgia in the 1996 Atlanta Games and since has acquired U.S. citizenship.

After attending an equestrian riding camp in June, Allen and Senior will be in Poland July 4 through 19 for a fencing camp. They have two more trips to San Antonio for a USOC-mandated security briefing and the U.S. National Modern Pentathlon Championships, scheduled for June 28 and 29.

Senior and Allen are attempting to become the first Army representatives to win an Olympic medal in modern pentathlon. George S. Patton was the first Soldier to compete in the event during the 1912 Games at Stockholm, Germany. Then a lieutenant, he encountered controversy in the shooting competition when one of his shots was ruled a miss – despite his contention the bullet passed through a previous hole in the target. No evidence supported his case, however, left him in 5th place instead of clutching a gold medal.

Fourteen Soldiers will join Allen and Senior to coach or compete in other Olympic sports: Sgt. Oscar Wood, wrestling; Staff Sgt. Basheer Abdullah, boxing coach; Staff Sgt. Shon Lewis, Greco-Roman wrestling coach; Maj. Dave Johnson, rifle shooting coach; Maj. Michael Anti, 50-meter prone and 3-position rifle shooting; Reservist Elizabeth “Libby” Callahan, women’s sport shooting; Sgt. 1st Class Jason Parker, air rifle; Sgt. 1st Class Shawn Dulohery, skeet; Sgt. 1st Class James “Todd” Graves, skeet; Sgt. 1st Class Bret Erickson, trap and double-trap; Sgt. 1st Class Daryl Szarenski, air rifle; Spc. Hattie Johnson, women’s air rifle; Sgt. 1st Class Charles Gartland, gunsmith; and Oregon National Guard Capt. Dan Brown, marathon.



# Sergeant, widow bond at NASCAR race

Courtesy of the Army News Service

POCONO, Pa. – The first time Sgt. Marquette Whiteside was invited to enjoy an expense-free VIP treatment at a NASCAR race, he turned it down.

Whiteside, one of three Soldiers featured on the cover of Time Magazine's Person of the Year issue, wasn't a NASCAR fan. He was also set to be in his cousin's wedding party the day before the June 13 race at the Pocono Raceway.

But when told in the next call that he would be at the race with Jill Colgan, wife of Whiteside's former platoon leader, Lt. Ben Colgan, he didn't hesitate to accept. Whiteside was by the lieutenant's side on a Baghdad patrol last year when an ambush took his life.

"There was no doubt," Whiteside said. "I had to be here. I explained to my family and they understood."

Colgan, 30 at the time of his Nov. 2, 2003 death, was beloved by the Survey Platoon, Headquarters Battery, 2nd Battalion, 3rd Field Artillery of the 1st Armored Division. Eleven years as an enlisted Soldier in Special Forces helped the lieutenant mold his artillery Soldiers into a cohesive combat-ready unit that excelled in missions beyond their normal scope. Under his leadership, the Soldiers came to be known as the 'Tomb Raiders' for their success in seizing enemy weapons and ammunition during graveyard hunts.

Colgan was a leader unlike any other. Whiteside, 25, has ever encountered in the six years he's been in the Army. Words like inspiring, courageous, trustworthy and honorable only tapped the surface of Colgan's persona, Whiteside said. His Special Forces experience equipped him with exceptional combat skills, but it was his flair for connecting with people that endeared Colgan not just to his Soldiers and his own leadership, but to the Iraqi people he sought out regularly.

"Ordinary people would just come up to him to give him information," Whiteside recalled. "And it was always good information. There was one guy, a businessman, who would come around, but only talk to the L.T. His stuff was always right on."

If Whiteside and other members of the platoon had any doubts about their abilities, Colgan erased them. Before any raid or patrol, he gave his Soldiers a detailed briefing that covered every possible aspect of what could happen and what to do about it. When they arrived at a destination, Colgan was typically first out of the Humvees, Whiteside said.

"He made us all feel more confident about what we were doing, that we were the best," said Whiteside, who is now stationed at Fort Hood. "He always helped us find something to laugh about. We were stressed, but we could also have

fun sometimes. He created that."

Whiteside and Jill Colgan swapped stories and recollections as they took in the NASCAR experience – a tour of the garage where drivers and crew members lingered and prepared for the race; meeting Joe Nemechek, driver of the Army-sponsored racecar; cutting a mammoth cake to celebrate the Army's 229th birthday; and watching the race from the pit.

The pair shared a laugh over what they termed the "Mercedes incident." Colgan's vehicle rear-ended a civilian contractor driving a Mercedes one day. By the time the incident was over, the driver was inviting the lieutenant over for dinner.

"He had this way of turning bad situations into good," Jill Colgan said, smiling.

Colgan sought details about her husband's daily life in Iraq, things he didn't want to tell her about for fear of causing more worry. Whiteside described daily attacks on the platoon's quarters that gradually worsened in intensity and higher-powered munitions. He also told her about the lieutenant's last mission.

Whiteside, Colgan, Sgt. Ronald Buxton and Spc. Sky Schermerhorn were in a Humvee that went over an improvised explosive device. Whiteside was knocked unconscious and when he came to, he checked himself for injuries and immediately went back to the gun he was manning. As Schermerhorn continued to drive, Whiteside said he looked down at the lieutenant. Blood was streaming from his forehead and his eye was seriously damaged.

Whiteside dropped to him immediately, checking for a pulse and simultaneously calling for help. The pulse was weak, but started to strengthen as Whiteside yelled to his commander, urging him to hold on while they headed for an aid station. Whiteside said he and Schermerhorn carried the lieutenant inside. The pair then headed out again in search of the shooters.

Whiteside said when he returned, he thought Colgan was going to make it. He had started coming to, even giving his name when asked. But the next morning the platoon was informed that Colgan was dead.

"I was real down on myself at first, saying if I had done this, or done that, maybe he would have made it," Whiteside said. "But I did everything I could. It was out of my hands."



Photo by Spc. Lorie Jewell

**Sgt. Marquette Whiteside and Jill Colgan, widow of Whiteside's former platoon leader, Lt. Ben Colgan, enjoyed a pit area view of the June 13 NASCAR race at Pocono Raceway. Whiteside was with the lieutenant when he was mortally wounded in an attack last year in Iraq. The two met for the first time at the race, spending the day sharing memories about Lt. Colgan.**

Jill Colgan listened quietly. She had heard most of it before, but not from Whiteside, not face-to-face. Being with Whiteside was a connection to the last chapter of her husband's life, one she couldn't share with him in person.

"I'm just so proud of him, and so grateful to hear that the way he was over there was exactly like he was with us," Colgan said of her husband. "We talked by phone and e-mail, but it was mostly about us and the girls, or his Soldiers. He always said he had a really good group of guys."

Jill Colgan, in return, shared an experience she had shortly after learning of her husband's death. A moment of clarity, of sorts. Family members were gathered at her home, sharing stories about Colgan. She went to their bedroom for a few minutes alone. Talking out loud to her husband, she said she needed some kind of sign that he was OK and that she, their two daughters, and the daughter yet to be born would be OK. Just don't scare me, she stressed.

When she returned to the living room, some-

one touched her shoulder and pointed to the fireplace. There, in the embers of a burning log was the shape of a perfect cross. It was her sign.

As she finished the story, Colgan pulled out a small laminated photo of the fiery image and handed it to Whiteside.

"I carry this with me, it's Ben's cross," she said. "I want you to have one to carry with you."

Whiteside turned his head for a moment, blinking back tears before hugging Colgan.

"I almost lost it," he said later. "I'll cry later when I'm back in my room, alone."

Whiteside left the race feeling more in tune with NASCAR, and with a side of his commander he and his fellow Soldiers weren't privy to.

"Talking to her was real good for me. I got a lot of information to pass on to the rest of the team," said Whiteside, who still stays in touch with members of the platoon that remain in Iraq. "I'll never forget him. Even now, when I'm doing something, I think about him and I can hear him telling us never give up. You can do anything."